

My child has been told to stay home due to Covid 19.

Now what?

****While waiting for test results, all members of the family must wait at home.****

Quarantine	Isolation
<p>Your student has had exposure to an individual that tested positive or someone in your family is ill and waiting to see the physician or get test results.</p> <p>Stay Home and Monitor Your Health</p> <ul style="list-style-type: none"> • If possible, keep your student away from others in your home; especially people who are at higher-risk for getting very sick from COVID-19. • Check your student's temperature twice a day and watch for symptoms of COVID-19. • If your student develops symptoms during this time: <ol style="list-style-type: none"> 1. Call your healthcare provider right away. 2. Call your school. Your return date may change. • Keep your student at home for <u>14 days</u> after last exposure. <ol style="list-style-type: none"> 1. Exposure date is "day zero". 2. Your student can return to school on "day 15"; this return date may change if your student develops symptoms. <p>Consider Getting Tested:</p> <ul style="list-style-type: none"> • Even if your student has no symptoms, they may carry the virus that causes COVID-19 and pass it to others. • Wait to get your student tested at least 48 hours after the earliest exposure to the COVID-19 infected person. • Regardless of the test result, your student has been exposed and still needs to remain quarantined for 14 days. A NEGATIVE RESULT DOES NOT NEGATE THE NEED TO QUARANTINE. <p>Can my siblings go to school if I am quarantined?</p> <ul style="list-style-type: none"> • As long as siblings have not been in close contact with someone positive for COVID-19 and they remain with no symptoms, they can come to school. 	<p>Your student has been diagnosed with COVID-19 OR Your student is waiting for your test result OR Your student has symptoms of COVID-19 but has not been tested or exposed.</p> <p>Isolate Your Student from Others</p> <p>Contact your student's healthcare provider to consider getting your student tested if you haven't yet.</p> <p>Contact the school to let them know.</p> <ul style="list-style-type: none"> • Stay home until ALL these conditions are met: <ol style="list-style-type: none"> 1. No fever for at least 24* hours without fever reducing medicine. AND 2. Symptoms have improved. AND 3. At least 10 days have passed since your symptoms first appeared. • Keep your student in a specific "sick room" or area and away from other people or animals, including pets. Use a separate bathroom, if available. • If your student has symptoms of COVID-19, <u>without</u> a known exposure, and your test is <u>negative</u>, you may go back to daily activities 24 hours after your fever and other symptoms resolve. Documentation of a negative test would need to be provided to the school upon return.