



ADMINISTRATION OFFICE

303 Wambold Dr. - PO Box 30 - Winterset, IA 50273-0030
Phone -- 515.462.2718 -- Fax -- 515.462.2732

Mr. Justin Gross, Superintendent
Cammy Leners, Business Manager/Board Secretary

Code No. 507.9E6

**Winterset Community Schools
Physical Activity Contract**

In 2008, the Iowa Legislature enacted "the Healthy Kids Act," requiring that all students engage in physical activity for a minimum of 120 minutes per week in which there are at least five days of school. The law also requires that we monitor how students fulfill this requirement.

Please fill out the items below, sign (both student and parent/guardian), and return to the school by the first day of the school year. If you have any questions, call the high school principal at 515-462-3320 or the junior high principal at 515-462-3336, or the middle school principal at 515-462-3010.

Name of Student: _____ Grade _____

School activities that student will be involved in during the school year (include estimate of minutes per week):

FALL	WINTER	SPRING
Cross Country _____	Basketball _____	Track _____
Football _____	Wrestling _____	Golf _____
Volleyball _____	Bowling _____	Tennis _____
Swimming _____	Swimming _____	Soccer _____
Marching Band _____	Show Choir _____	Baseball _____
Cheerleading _____	Cheerleading _____	Softball _____
Drill Team _____	Drill Team _____	Pom Squad _____
Color Guard _____		Trapshooting _____
Recess _____	Recess _____	Recess _____

Non-school activities may include non-school sport teams, gymnastics, dance, individualized exercise program, etc. that student will be involved in during the school year. Name the activity and describe when and how many minutes per week.

Signature of Student: _____ Date _____

Signature of Parent/Guardian: _____ Date _____

Signature of Building Principal: _____ Date _____

BOARD OF EDUCATION