



Eat your fruits and vegetables!!

Winterset Schools Elementary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

February 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



29

30

31

Oven Roasted Chicken
French Bread

Roasted Hot Dog on a Bun

Turkey Cranberry Wrap
Baked Potato Halves
Homemade Brownie

1

National Wear Red Day

Cheese Pizza

Chicken Fried Rice
Rip Stick Breadstick

Yogurt Pak with Pretzel Bites

Roasted Broccoli

4

Italian Pasta Bake
French Bread

Chicken Gyro

Turkey BLT Wrap

Kale Salad

5

Ham & Tator tot Bake
Cereal
Smoothie
Cheese Stick
Salad Slider
Minted Fruit Salad
Cinnamon Roll

6

Chicken Nugget Basket

Fish Nugget Basket

Pretzel Bites w/Cheese Cubes

Tator Tots
French Bread

7

Soft Beef Tacos
Lettuce, Tomato, Cheese

Arroz con Queso (rice w/cheese)
Tortilla Chips

Ham Deli Sandwich

8

HOM Papaya

Chicken Alfredo w/Pasta
Rip Stick Breadstick

Italian Turkey Panini

Chicken Caesar Salad

Green Beans
Papaya Tasting

11

Chicken and Cheese Quesadilla

Ham, Egg & Cheese on Bagel

Chicken Caesar Salad

Spicy Pinto Beans

12

Macaroni & Cheese

Sloppy Joe on a Bun

Chicken Banh Mi Sandwich

Roasted Broccoli

13

Corn Dog

Pulled Pork Sandwich

Turkey Munchable

Coleslaw

14

Valentine's Day

Love Me Chicken Tenders

Sweetheart Salisbury Steak

Ham Deli Sub Sandwich
Be Mine Mashed Potato Gravy
Cupid Corn
Whole Grain Dinner Roll
Valentine's Treat

15

HOM Cilantro

Creamy Chicken Enchilada Bake
Cilantro Lime Rice

Sausage Pizza

Honey Mustard Ham Wrap

Mexican Street Corn

18

19

Roast Pork & Gravy

Crispy Chicken Tenders

Ham Deli Sub Sandwich

Mashed Potatoes
Whole Grain Dinner Roll

20

National Muffin Day

French Bread Pizza

Tuna Panini

Chef Salad

Roasted Cauliflower
Pumpkin Apple Muffin

21

HOM Bell Peppers

BBQ Chicken Sandwich

Philly Flatbread

Beef Taco Salad

Calico Bean Bake

22

Chicken Alfredo w/Pasta
Garlic Toast

Cheeseburger on Bun

Yogurt Pak with Pretzel Bites

Green Beans

25

Chili and Tortilla Day

Beef Chili
Tortilla Chips

Chili Dog

WG Chips, Salsa & Cheese Cubes

Seasoned Ranch Wedges

26

Crispy Chicken Sandwich Basket

All American Burger Basket

Ham Deli Sub Sandwich

Kettle Potato Chips
Pickle Slice

27

Chicken Bacon Ranch Melt

Italian Stromboli

Chef Salad

Garden Salad

28

Beefy Nachos & Homemade Cheese Sauce

Tex Mex Bowl

Turkey Cranberry Wrap

Refried Beans



Prices

K-3rd	\$2.35
4th-12th	\$2.60
Reduced	\$0.40
Adult/Doubles	\$3.65
Extra Milk	\$0.50



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

Entree Salads are served with Dinner Roll

For questions or comments, contact JoAnna Gustafson FSD, (515) 462-4271 jgustafson@winterset.k12.ia.us

