



Eat your Fruits and Vegetables!!

Winterset Middle School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

February 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

1

FRIDAY

EXTRA INFO

Classic Cafe Chicken Fried Rice, Roasted Broccoli, Rip Stick Breadstick

Diner Crispy Chicken Sandwich

Grab and Go Yogurt Pak with Pretzel Bites, Southwest Chicken Salad

Creation Station Build Your Own Baked Potato

Harvest of the Month 



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

For questions or comments, contact the Food Service Director at: JoAnna Gustafson FSD, (515) 462-4271
jgustafson@winterset.k12.ia.us

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MONDAY

Classic Cafe Ravioli with Meat Sauce, Kale Salad, French Bread

Diner Hot Dog Basket

Grab and Go Harvest Chicken Salad, Turkey BLT Wrap

Creation Station Build your own Burger

7

THURSDAY

Classic Cafe Arroz Con Queso, Black Beans, Chocolate Chip Cookie

Pizza Cheese, Pepperoni, and Sausage

Grab and Go Chicken Waldorf Salad

Creation Station Build your own Sub

5

TUESDAY

Classic Cafe Ham & Tator Tot Breakfast Bake, Minted Fruit Salad, Cinnamon Roll

Pizza Cheese, Pepperoni, and Sausage Pizza

Grab and Go Buffalo Chicken Salad, Egg & Chicken Salad Slider Combo

8

FRIDAY

Classic Cafe Italian Turkey Panini, Green Beans

Diner Crispy Chicken Sandwich, French Fries

Grab and Go Yogurt Pak with Bagel, Chicken Caesar Salad

Creation Station Build Your Own Baked Potato

6

WEDNESDAY

Classic Cafe Baja Fish Tacos, Cilantro Lime Rice

Diner Cheeseburger, Fries

Grab and Go Pretzel Bites w/Cheese Cubes, Chef Salad

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MONDAY

Classic Cafe Ham, Egg & Cheese on Bagel, Tator Tots

Pizza Cheese, Pepperoni, and Sausage

Grab and Go Cravin Craisin Salad, Chicken Caesar Wrap

Creation Station Pasta Bar 6th Grade Only

14

THURSDAY

Classic Cafe Sweet Heart Salisbury Steak, Be Mine Mashed Potatoes, Gravy, Whole Grain Dinner Roll, Treat

Diner Spicy Chicken Patty on Bun

Grab and Go Hummus & Vegetable Bowl, Turkey Deli Sub Sandwich

12

TUESDAY

Classic Cafe Sloppy Joe on a Bun, Macaroni & Cheese

Diner Roasted Hot Dog on a Bun, Cheeseburger on Bun

Grab and Go 7 Layer Salad, Chicken Banh Mi Sandwich

15

FRIDAY

Classic Cafe Creamy Chicken Enchilada Bake, Mexican Street Corn

Diner BBQ Rib Sandwich, fries, Golden French Fries

Grab and Go Crispy Chicken Salad, Honey Mustard Ham Wrap

13

WEDNESDAY

Classic Cafe Pulled Pork Sandwich, Coleslaw

Pizza Cheese, Pepperoni or Sausage

Grab and Go Fruited Spinach Salad, Turkey Munchable

Creation Station Build Your Own Sub

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18

MONDAY

21

THURSDAY

Classic Cafe Philly Flatbread, Calico Bean Bake

Pizza Italian Stromboli

Grab and Go Beef Taco Salad, Turkey Cranberry Wrap

19

TUESDAY

22

FRIDAY

Classic Cafe Roast Pork & Gravy, Warm Cinnamon Apples, Mashed Potatoes, Whole Grain Dinner Roll

Diner Corn Dog, Cheeseburger on Bun

Grab and Go Turkey BLT Salad, Ham Deli Sub Sandwich

Classic Cafe Chicken Alfredo w/Pasta, Green Beans, Garlic Toast

Diner Crispy Chicken Sandwich

Grab and Go Yogurt Pak with Pretzel Bites, Southwest Chicken Salad

Creation Station Build Your Own Baked Potato

20

WEDNESDAY

EXTRA INFO

Classic Cafe French Bread Pizza, Roasted Cauliflower, Pumpkin Apple Muffin

Pizza Cheese Bread, Marinara Sauce

Grab and Go Autumn Quinoa Lunch Salad, Chef Salad

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MONDAY

- Classic Cafe** Beef Chili, Tortilla Chips, Seasoned Ranch Wedges
- Pizza** Cheese, Pepperoni, or Sausage
- Grab and Go** WG Chips, Salsa & Cheese Cubes, Chicken Caesar Salad

28

THURSDAY

- Classic Cafe** Beefy Nachos & Homemade Cheese Sauce, Refried Beans
- Pizza** Cheese, Pepperoni, or Sausage
- Grab and Go** Beef Taco Salad, Turkey Cranberry Wrap

26

TUESDAY

- Classic Cafe** Chicken Philly Sandwich, Kettle Potato Chips
- Diner** Roasted Hot Dog on a Bun, Cheeseburger
- Grab and Go** Turkey BLT Salad, Ham Deli Sub Sandwich

1

FRIDAY

27

WEDNESDAY

- Classic Cafe** Italian Stromboli, Garden Salad
- Diner** Spicy Chicken Patty on Bun
- Grab and Go** Autumn Quinoa Lunch Salad, Chef Salad

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